



A Journey to the Land of the Saints

IV • The Paradise of Birds

The members of the community enter and pray in silence. After the community is fully assembled, the prelude should be presented.

Prelude

“The Paradise of Birds”
(from The Voyage of Saint Brendan, translated by John J. O’Meara)

Stopping to rest on Easter, Saint Brendan and his companions come ashore on an island called The Paradise of Birds and join its unique community of prayer and praise until Pentecost.

A period of silent meditation follows the reading before the leader begins the penitential prayers.

Penitential Prayers

A bell rings and the members of the community kneel. If anyone cannot kneel, they should remain seated with their head bowed.

Leader
All

We bend our knees
(making the sign of the cross)
in the eye of the Father who created us,
in the eye of the Son who purchased us,
in the eye of the Spirit who cleansed us. Amen.

All stand.

Leader

Lord Jesus Christ,
give us the grace of repentance;
give us the grace of earnestness;
give us the grace of submission.

Community

Give us the strength and courage to confess our guilt as earnestly as were this the moment of our death.

Leader

Lord Jesus,
keep the eye of God between us and every other eye;

keep the purpose of God between us
and every other purpose;
keep the desire of God between us and every other desire;
and no mouth can curse us.
Lord Jesus, have mercy on us.

Community
Leader

Lord Jesus, have mercy on us.
Christ Jesus,
keep your pain between us and every other pain;
keep your love between us and every other love;
keep your dearneess between us and every other dearneess;
and no venom can wound us.
Christ Jesus, have mercy on us.

Community
Leader

Christ Jesus, have mercy on us.
Lord Jesus,
keep the desire of God between us and every other desire;
keep the might of God between us and every other might;
keep the right of God between us and every other right;
and no ill thing can touch us.
Lord Jesus, have mercy on us.

Community
Leader

Lord Jesus, have mercy on us.
Lord Jesus Christ,
with the Father who created us and
the Spirit that cleansed us,
Purify our hearts, make holy our souls
and confirm our faith,
keep safe our minds and compass our bodies all about.
Enfold us...

Community
Leader

... and surround us.
Guide our speech...

Community
Leader

... and our thoughts.
Guard us in our sleeping...

Community
Leader

... and in our waking.
Nurture us in our watching...

Community
Leader

... and in our hoping.
Shield us in our lives...

Community
Leader

... and grant us peace in eternity.
Holy God,
Father, Son and Spirit,

When these personal prayers are finished, the leader offers the final blessing.

Leader

May the God of life encompass you,
protecting your form and your frame.
May the Christ of love encompass you,
shielding you from hatred and from harm.
May the spirit of grace encompass you,
guiding you towards goodness and away from ill.
The blessings of the Triune God surround you ...
... abiding in us forever and eternally. Amen.

Community
Leader

Praise to the Father,
praise to the Son,
praise to the Spirit.

Community
Leader

The three in one.
(making the sign of the cross)
The guarding of the God of life be on you,
the guarding of the loving Christ be on you,
the guarding of the Holy Spirit be on you,
aiding and enfolding you
each day and night of your lives.

Community

**May God, the three in one, encompass us all,
shielding us on sea and on land, in day and in night,
guarding each step and each path we travel. Amen.**

Hymn (optional)

*The members of the community sit or kneel after the service concludes, as they prefer. Silence
is observed to allow private prayer or meditation. Individuals should leave quietly as the Spirit
moves them.*

The members of the community share a sign of peace before sitting down. A brief period of silence follows before the reader begins the Word of God.

The Word of God

Reader

I set the teachings of Christ before you;
I set the guarding of God about you.

Community

May it possess us and protect us all.

Reader

A reading from the Gospel according to Saint John.

As [Jesus] walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.” When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him, “Go, wash in the pool of Siloam”. Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” But they kept asking him, “Then how were your eyes opened?” He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” They said to him, “Where is he?” He said, “I do not know.”

They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, “He put mud on my eyes. Then I washed, and now I see.” Some of the Pharisees said, “This man is not from God, for he does not observe the sabbath.” But others said, “How can a man who is a sinner perform such signs?” And they were divided. So they said again to

source of hope for those who fear his judgement.
Come share in the table of the Lord.
Where no tear shall be shed,
where death comes no more. Amen.

Community

The community shares the Eucharist in silence. Afterward, the table is cleared during the hymn. If there is no hymn, the members of the community use this time for private prayer.

Hymn (optional)

Then, the leader continues the service.

Prayers and Blessings

Leader

Praise to the Father,
praise to the Son,
praise to the Spirit.

Community

The three in one.

All stand.

Leader

Let us pray for the coming of the Kingdom,
in the words our Lord taught us:

All

Our Father in heaven,
hallowed be your name.
Your kingdom come.
Your will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
as we also have forgiven our debtors.
And do not bring us to the time of trial,
but rescue us from the evil one.”

(Matthew 6: 9-13)

Leader

Thanks be to you, Eternal Father,
for you have enwrapped our bodies and our souls,
safeguarding us in the sanctuary of your love ...

Community

... and sheltering us under the mantle of your care.

“I received from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, ‘This is my body that is for you. Do this in remembrance of me.’ In the same way he took the cup also, after supper, saying, ‘This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.’ For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes.”

(1 Corinthians 11: 23-26)

O Gracious God, *(making the sign of the cross)*
may your Spirit come upon us, and upon this bread and wine, so that it might illumine our understanding, kindle our will, incite our love, strengthen our weakness, and enfold our desires.

O Generous Lord,
cleanse our hearts, make holy our souls, confirm our faith,
keep safe our minds, encompass our bodies about
so that in our own hearts, we may feel your presence.

O Holy Spirit, of greatest power,
come down upon us and subdue us;
from your glorious mansion in the heavens.
The knee that is stiff, O healer, make pliant,
the heart that is cold, make warm beneath your wing;
guide the soul that is wandering from your path
and it shall not die.

Each thing that is foul, may you cleanse,
each thing that is hard, may you soften with your grace,
each wound that is causing us pain,
may you make whole.

Now to the Father who created each creature,
now to the Son who paid ransom for his people,
now to the Holy Spirit, comforter of might:
shield and protect us from every wound.

Encompass the beginning and the end of our race,
give us courage to sing in glory,
in peace, in rest, in reconciliation.

Come share in the table of the Lord,
source of love for those who cherish his kindness,
source of solace for those who need his forgiveness,

Community

Leader

Community

Leader

the blind man, “What do you say about him? It was your eyes he opened.” He said, “He is a prophet.”

The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, “Is this your son, who you say was born blind? How then does he now see?” His parents answered, “We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself.” His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue.

The gospel of Jesus Christ, source of strength,
Source of salvation, source of healing grace.
May it be a mantle to our bodies.

Community

A brief silence follows the reading, until the leader begins the psalm.

Leader

Psalms 33, Verses 1 through 22.

Rejoice in the Lord, O you righteous.
Praise befits the upright.

Praise the Lord with the lyre;

make melody to him with the harp of ten strings.

Sing to him a new song;

play skillfully on the strings, with loud shouts.

For the word of the Lord is upright,
and all his work is done in faithfulness.

He loves righteousness and justice;

the earth is full of the steadfast love of the Lord.

By the word of the Lord the heavens were made,
and all their host by the breath of his mouth.

He gathered the waters of the sea as in a bottle;

he put the deeps in storehouses.

Let all the earth fear the Lord;

let all the inhabitants of the world stand in awe of him.

For he spoke, and it came to be;

Community	he commanded, and it stood firm.
Leader	The Lord brings the counsel of the nations to nothing;
Community	he frustrates the plans of the peoples.
Leader	The counsel of the Lord stands forever,
Community	the thoughts of his heart to all generations.
Leader	Happy is the nation whose God is the Lord,
Community	people whom he has chosen as his heritage.
Leader	The Lord looks down from heaven;
	he sees all humankind.
Community	From where he sits enthroned he watches
	all the inhabitants of the earth —
Leader	he who fashions the hearts of them all,
Community	and observes all their deeds.
Leader	A king is not saved by his great army;
Community	a warrior is not delivered by his great strength.
Leader	The war horse is a vain hope for victory,
Community	and by its great might it cannot save.
Leader	Truly the eye of the Lord is on those who fear him,
	on those who hope in his steadfast love,
Community	to deliver their soul from death,
	and to keep them alive in famine.
Leader	Our soul waits for the Lord;
Community	he is our help and shield.
Leader	Our heart is glad in him,
Community	because we trust in his holy name.
Leader	Let your steadfast love, O Lord, be upon us,
Community	even as we hope in you.
<i>There is a brief silence after the psalm before reading or presenting the audio version of the following reflection.</i>	
Reflection	“Accepting Forgiveness as a Loved Sinner” by Timothy J. Ray
<i>A period of silence is observed after the reflection for private meditation, with or without music. Afterward, the leader proceeds to the Eucharistic Prayer after the optional hymn.</i>	
Hymn (optional)	

Eucharistic Prayer

If the community wishes to share the Eucharist, the table is prepared during the hymn. If there is no hymn, the table should be prepared in silence — slowly and deliberately. Then, the leader begins the Eucharistic Prayer.

Leader	Thanks be to you, Holy Father of Glory, father-kind, ever-loving, ever-powerful, because of all the abundance, favor and deliverance that you bestow on us in our need.
Community	May your name be praised forever, in the heavens above and here on earth.
Leader	Whatever Providence befalls us as your children, in our portion, in our lot, in our path, give to us with it the riches of your hand and the joyous blessing of your mouth.
Community	May your kingdom be seen to flourish through the joy of your people, always grateful.
Leader	In the steep common path of our calling, be it easy or uneasy to our flesh, be it bright or dark for us to follow, your perfect guidance will be upon us.
Community	Provide for us in all our needs, material and spiritual, this day and every day.
Leader	Be a shield to us from the wiles of the deceiver, from the arch-destroyer with his arrows pursuing us, and in each secret thought our minds get to weave, guide and protect us.
Community	Do not allow us to be tossed about by temptations and protect us from all evils that would do us harm.
Leader	O Loving Christ, who was hanged upon a tree, each day and each night we remember your covenant; in our lying down and rising up, we yield ourselves to your cross, in our lives and our deaths, we seek in you our peace. Each day, may we remember the source of the mercies you bestowed on us, gently and generously; each day, may we become fuller in love with you. My brothers and sisters, with St. Paul, I say to you: